

Dried Blood Spot Collection Kit

Instructions for Use



V 1.0
10/08/2024

1

Kit Contents

- 1 x Placemat
- 1 x Handwarmer
- 2 x Alcohol Prep Pads
- 2 x Lancets
- 1 x Gauze Pad
- 1 x Antibiotic Ointment
- 2 x Bandages
- 1 x Collection Card
- 1 x Sample Bag with Desiccant

2

Guidelines

Do:

- Get your heart pumping and hands warm
- Wipe excess blood from your fingertip between drops
- Wait for large droplets to form

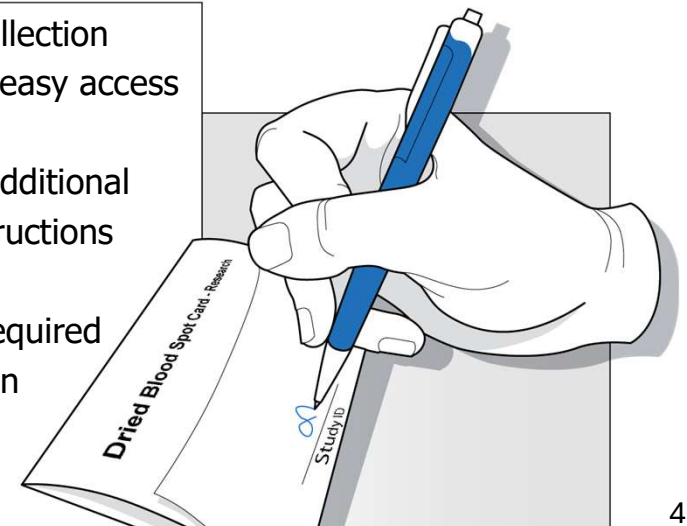
Do NOT:

- Touch your finger to the collection card
- Activate lancet until ready to provide a sample
- Put multiple droplets on a single circle
- Smear blood onto the card
- Forcefully squeeze your finger to increase blood flow

3

Pre-Collection Preparation

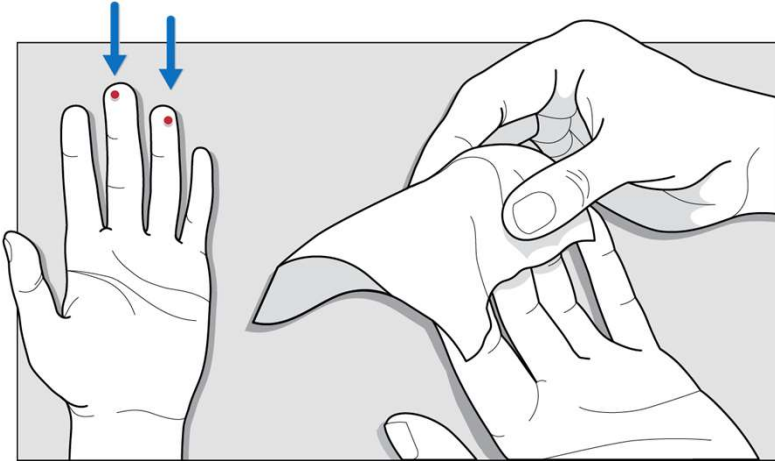
1. Lay out all collection materials for easy access
2. Review any additional provided instructions
3. Fill out any required information on the sampling card



4

Collection Instructions: Step 1

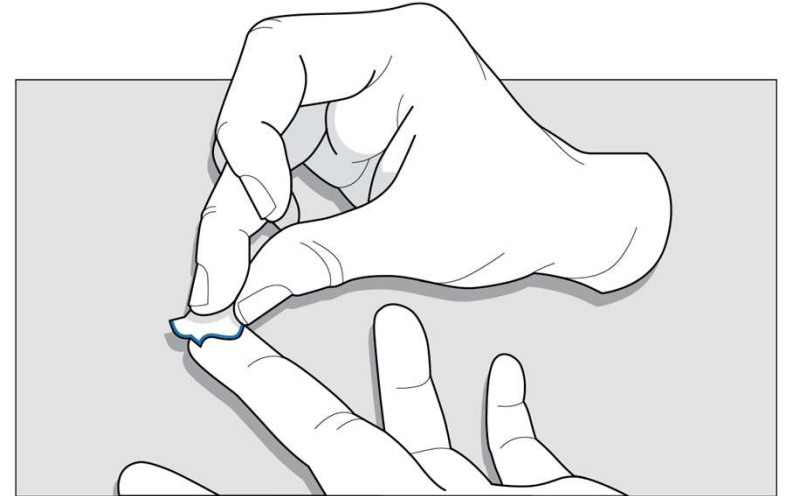
Use your **middle or ring finger** for collection and warm your fingertips with the provided handwarmer.



5

Collection Instructions: Step 2

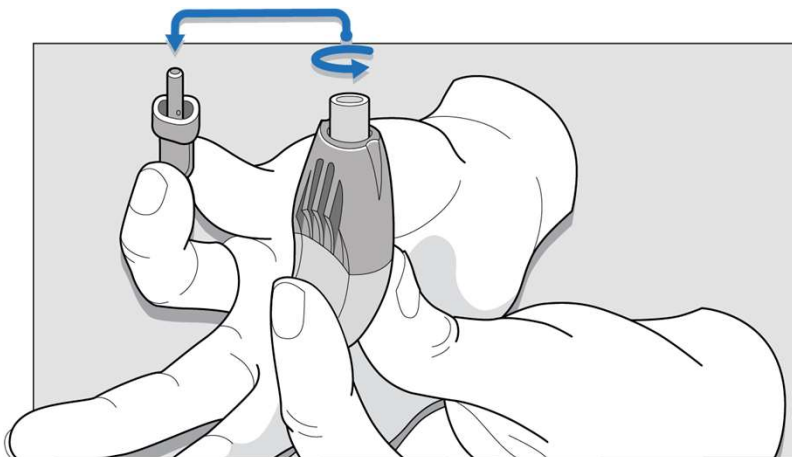
Sanitize your fingertips with the provided alcohol swab.



6

Collection Instructions: Step 3

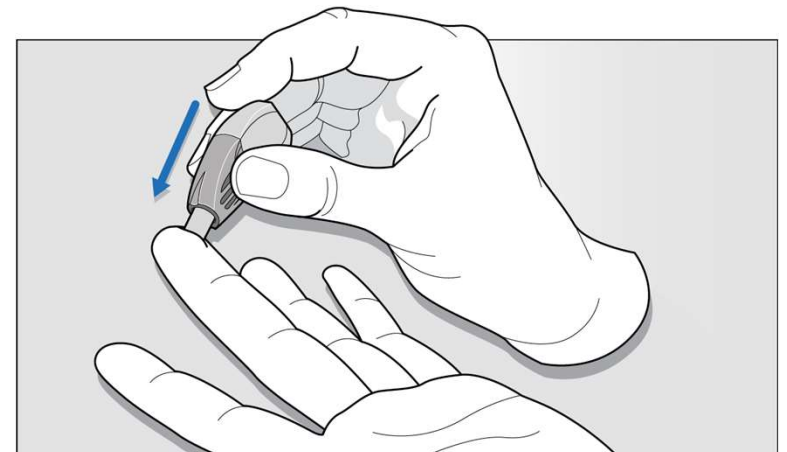
Activate lancet by twisting the top and remove the cap.



7

Collection Instructions: Step 4

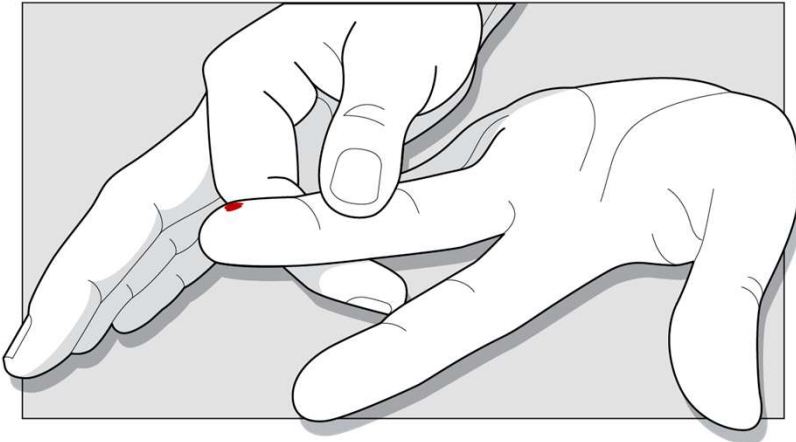
Hold the lancet to the **SIDE** of your clean fingertip and push firmly until the lancet "clicks".



8

Collection Instructions: Step 5

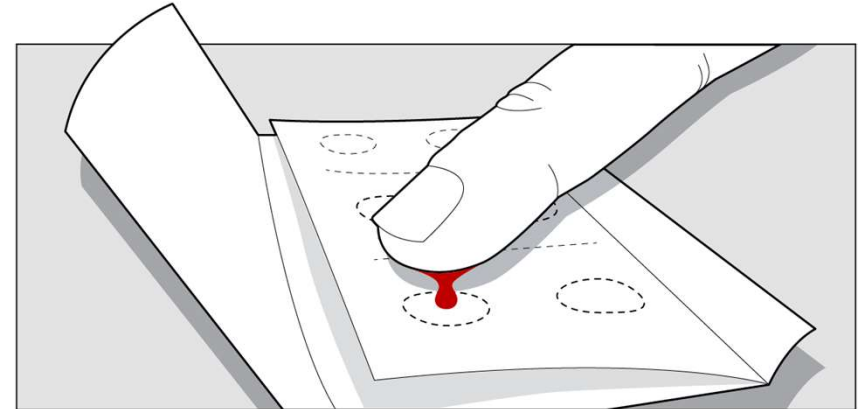
Wipe away the first drop of blood with gauze and then allow a second blood droplet to form on your fingertip.



9

Collection Instructions: Step 6

Hold your finger above the card and let blood drip into the circles. **Do not touch the card with your finger.**

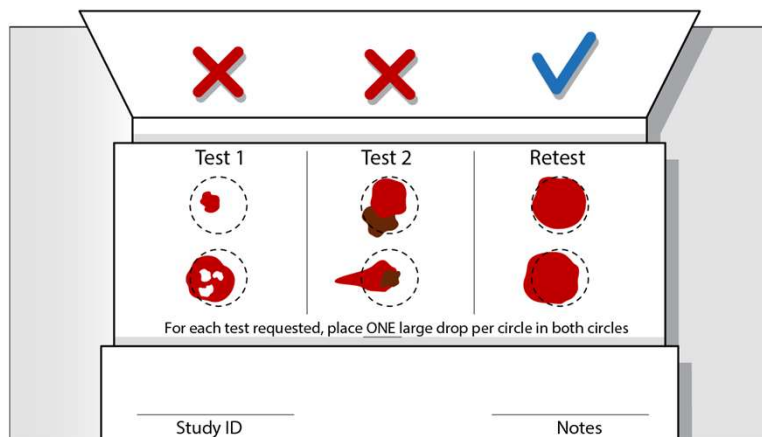


Need more blood? Use the second lancet on a different finger.

10

Spot Check

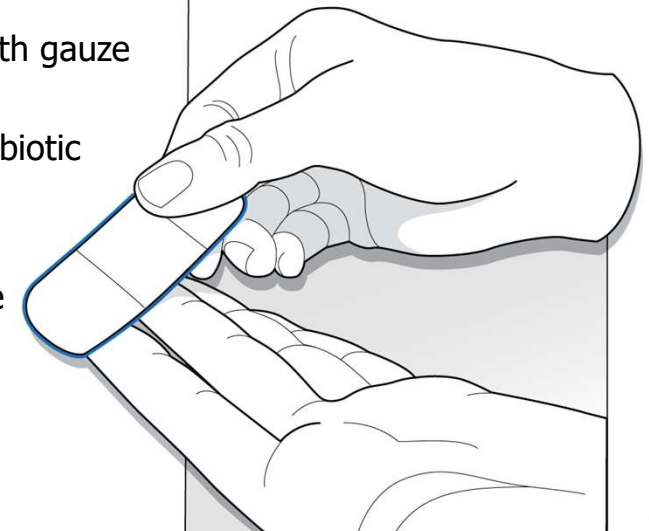
Check your sample using the image below. If you are unsure, place a drop in a "Retest" circle.



11

After Care

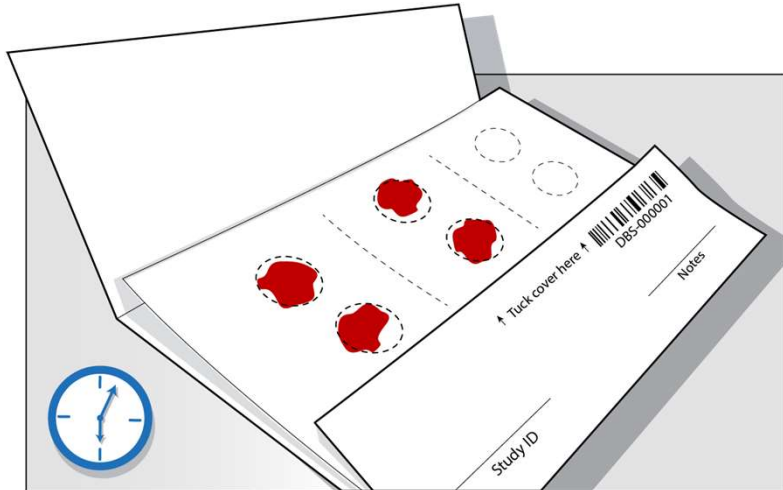
1. Wipe finger with gauze
2. Treat with antibiotic ointment
3. Apply bandage
4. Keep dry



12

Post-Collection: Step 1

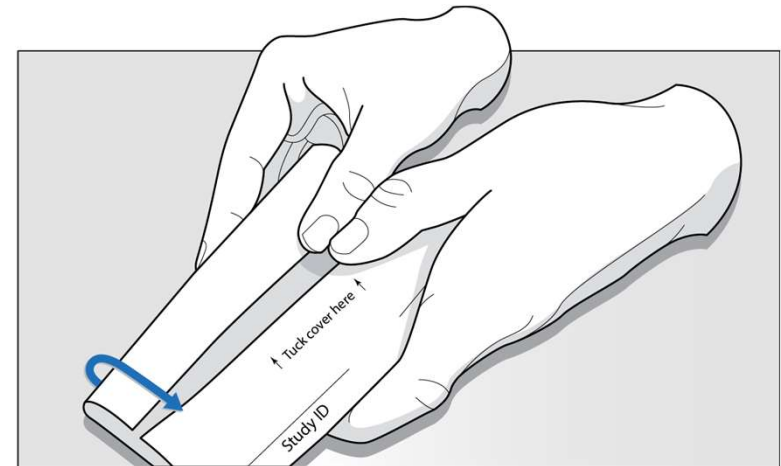
Leave the collection card open to air dry for 2-6 hours.



13

Post-Collection: Step 2

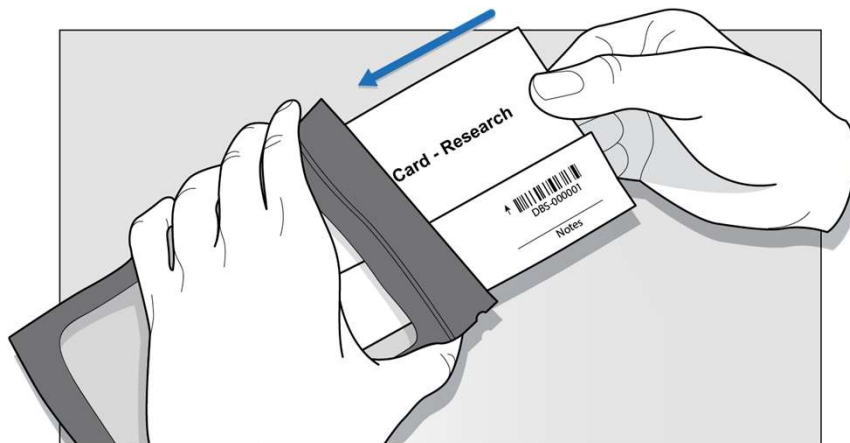
Once dry, tuck card cover and review all information written on the collection card.



14

Post-Collection: Step 3

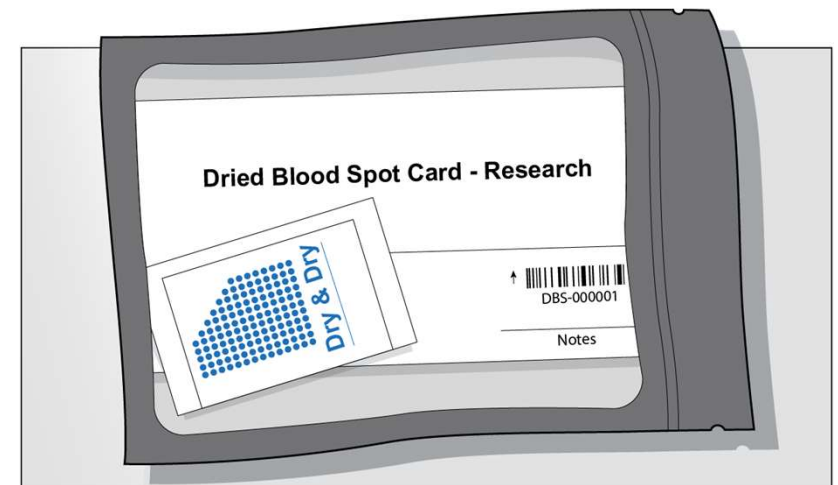
Place your collection card in the sample bag with the desiccant.
Do not remove the desiccant from the black bag.



15

Post-Collection: Step 4

Follow the provided return instructions.



16