

Dried Blood Spot Collection Kit

Instructions for Use



V 1.0
10/08/2024

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Guidelines

Do:

- Get heart pumping and hand warm
- Wipe blood from finger between drops
- Wait for large droplets to form

Don't:

- Touch finger to card
- Activate lancet until ready
- Put multiple droplets on a circle
- Smear sample onto card
- Squeeze finger forcefully

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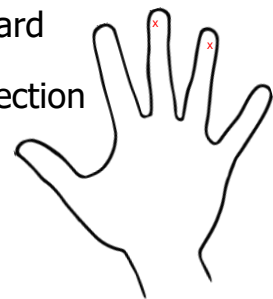
Contents

- 1 – Placemat
- 1 – Handwarmer
- 2 – Alcohol Prep Pads
- 2 – Lancets
- 1 – Gauze Pad
- 1 – Antibiotic Ointment
- 2 – Bandages
- 1 – Collection Card
- 1 – Sample Bag with Desiccant

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Instructions

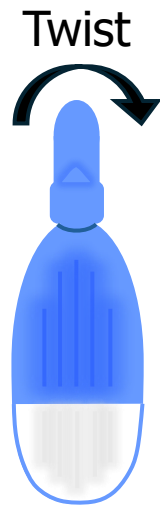
1. Lay out all collection materials
2. Review any additional provided instructions
3. Fill out Study ID and Notes on sample card
4. Plan to use middle or ring finger for collection
5. Warm fingertips with handwarmer
6. Sanitize fingertips with alcohol swabs



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Instructions

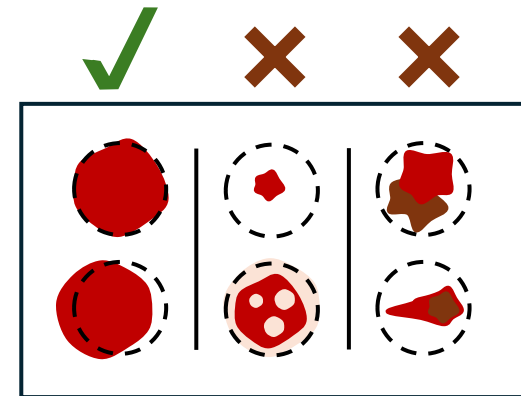
1. To activate lancet, twist and remove cap
2. Hold lancet to the side of cleaned fingertip
3. Push firmly until the lancet clicks
4. Wipe first drop of blood with gauze
5. Allow blood droplet to form on fingertip
6. Allow droplets to fall onto card circles
7. If more blood is needed, repeat with second lancet on a different finger



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Spot Check

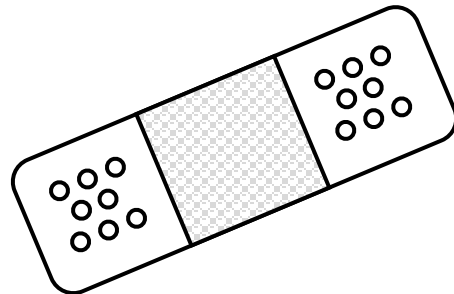
If you are unsure if a circle is filled well enough, place a droplet in a Retest circle



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Care After Use

1. Wipe finger with gauze
2. Treat with antibiotic ointment
3. Apply bandage
4. Keep dry



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Card Storage

1. Leave card open and flat to dry for 2 hours
2. Tuck card cover
3. Review all information written on card
4. Place in black sample bag with desiccant
5. Follow provided return instructions

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